



# PSHE - KS2

## Learning Journey



Flowing throughout the academic year, our **RE curriculum** also supports our pupils to become compassionate citizens through exploration of faith, values and cultural diversity. Our lessons are a canvas for discussing moral dilemmas, ethical choices and the impact of faith on behaviour.



Pupils should leave KS2 with the skills and knowledge they need to live healthy lives and to be ready for KS3.

We aim for them to be able to utilize their Beacon (**resilience, respectful, resourceful, participation, reflective, responsible and collaborative**) and British Values to show self-respect, confidence and empathy in order to make informed decisions.

See RE Learning Journey

**Me and My Safety**  
Drugs – solvents and alcohol, pressure related to drug use, strategies for making decisions and saying no.



Red Cross workshop  
Safer Internet Day  
Parliament workshop

Red Cross workshop

Dog Trust workshop

Transition day

Residential Boreatton Park – 5 day

YEAR 7

**Me and My Relationships**  
Changing friendships and relationships, supporting each other through challenges - SATs



**Me and Other People**  
Diverse nature of UK, life in other countries, stereotypes, challenging stereotypes, preparing for change to KS3



**Me in the World**  
Financial risks, critical consumers, spending choices, budgeting, emotional wellbeing, public money & ethical spending



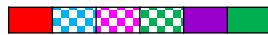
Anti-bullying week  
PE Inclusion week

Anti-bullying week  
PE Inclusion week

Black History Month  
World Mental Health Day

Road Safety Talk

**Happy and Healthy Me**  
Wellbeing, Cognitive triangle, thoughts, choices and consequences, mindfulness, growth mindset, changing bodies & emotions, body image



**Me and My School**  
Pupil Wellbeing, Beacon Values, democracy, British Values, opportunities and challenges of Y6



### Cross-Curricular

Our PSHE curriculum is supported across all aspects of the school day including every subject, tutor and lunch times.

Particular coverage:



Science



Sport



ICT



welcome



Pupils arrive at Walton from different backgrounds and experiences that have shaped their understanding. In order to ensure continuity and progression within PSHE education we follow the majority of our feeder schools by working with the Entrust PSHE scheme of work.

**Me and My Safety**  
When do I feel unsafe, how do I deal with this, peer pressure, getting help



2.5 day residential Laches Wood  
Anti-bullying week  
PE Inclusion week

**Me and My Relationships**  
Puberty emotions, anti social behaviour, nature and consequence of bullying



**Me and Other People**  
Identities in the UK, celebration of diversity, racism



**Me in the World**  
Parliament, how laws are made, pressure groups and charities, taking action



2.5 day residential Laches Wood

Anti-bullying week  
PE Inclusion week

Black History Month  
World Mental Health Day

Fire station trip  
Road Safety Talk

YEAR 5

**Happy and Healthy Me**  
Healthy choices – sleep, dental, mental, balanced lifestyles & resilience



**Me and My School**  
New school – coping with worries, Beacon Values, British Values, democracy



**Extra-curricular provision**  
For other areas of personal development

See Personal Development Learning Journey

Families and people who care for me		Mental wellbeing		Drugs, alcohol and tobacco	
Caring friendships		Internet safety and harms		Health and prevention	
Respectful relationships		Physical health and fitness		Basic first aid	
Online relationships		Healthy eating		Changing adolescent body	
Being safe		Citizenship			