

THE MENTAL HEALTH SUPPORT TEAM IN SCHOOLS ARE OPEN OVER THE SCHOOL HOLIDAYS

July 20th - 2nd September 2026

If you are experiencing low level mental health difficulties, we may be able to help. Call us between 9am - 5pm (Monday to Friday excluding bank holidays), leave your name and number and one of our practitioners will give you a call back to see what support we can offer.

We can help with:

- Low mood
- Anxiety
- Sleep difficulties
- Worry
- Panic

Contact the MHST on:



01283 504487

*Please note that these contact numbers are not to be used in an emergency.

BURTON & UTTOXETER MHST

Schools we work with:

- Anglesey Primary Academy
- Burton Pupil Referral Unit
- Loxley Hall School (Manor Hall Academy Trust) Secondary
- Paget High School
- Scientia Academy (Primary)
- Victoria Community Primary School
- Christ Church Primary School
- De Ferrers High School Academy
- Eton Park Junior (a deFerrers Trust)
- The Fountains High School
- The Fountains Primary School
- Lansdowne Infants (a deFerrers Trust)
- Shobnall Primary School
- Abbot Beyne Secondary School
- Edge Hill Junior School
- Holy Trinity CofE Primary
- Paulet High School
- Riverview Primary School
- Robert Sutton Catholic School Secondary
- Tower View Primary School
- Violet Way Primary Academy
- Dove CofE Primary Academy
- Oldfields Hall Middle School
- St Marys CofE First School
- St Joesphs Catholic Primary School
- Thomas Alleynes High School
- Tynsel Parkes CofE Primary Academy
- Windsor Park CofE Middle School

CANNOCK MHST

Schools we work with:

- Redhill Primary School
- Moorhill Primary School
- Bridgtown Primary School
- St Mary's Catholic Primary School
- West Hill Primary School
- Redbrook Hayes Community Primary School
- Littleton Green Community School
- Heath Hayes Primary Academy
- Churchfield CofE Primary Academy
- Kingsmead School
- Cannock Chase High School
- Cardinal Griffin Catholic College
- St Lukes CofE Primary School
- Chadsmoor CofE (VC) Junior School
- Chadsmoor Community Infants and Nursery School
- Sherbrook Primary School
- Five Ways Primary School
- Landywood Primary School
- Bilbrook C of E Middle School
- Chaselea Alternative Provision Academy
- Cherry Trees School
- Forest Hills Primary School
- Great Wyrley Academy
- Lane Green First School
- Jerome Primary School
- Moat Hall Primary Academy
- Norton Canes High School
- Norton Canes Primary Academy
- Perton Middle School
- The John Bamford Primary School
- Hazleslade Primary Academy
- Staffordshire University Academy
- Wightwick Hall School
- Longford Primary Academy

STAFFORD MHST

Schools we work with:

- Burton Manor Primary School
- Castlechurch Primary School
- Doxey Primary & Nursery School
- Flash Ley Primary School
- John Wheeldon Primary Academy
- King Edward V1 High School
- Penkridge Middle School
- Sir Graham Balfour School
- St. Leonard's CofE First School
- Stafford Manor High School
- Veritas Primary Academy
- St Patrick's Catholic Primary School
- St Leonard's Primary School
- St Austin's Catholic Primary School
- Walton Hall Academy
- Walton Priory Middle School
- Silkmore Primary Academy
- Marshlands School
- Blessed William Howard Catholic School
- Bailey Street Alternative Provision Academy
- St. John's C of E Primary Academy
- The Weston Road Academy
- Tillington Manor Primary School
- Blessed Mother Teresa Catholic Primary School

SEISDON MHST

Schools we work with:

- All Saints' CofE Primary School
- Blakeley Heath Primary School
- St Bernadette's Catholic Primary School
- All Saints CofE Primary School, Bednall
- The Rural Enterprise Academy
- Brewood Middle CofE Academy
- Codsall Community High School
- Codsall Middle School
- Featherstone Academy Primary
- Glenthorne Community Primary School
- Havergal CofE (C) Primary School
- Cheslyn Hay Academy High School

TAMWORTH MHST

Schools we work with:

- Kettlebrook Short Stay
- Landau Forte Academy Qems
- Moorgate Primary Academy
- St Elizabeth's Catholic Primary
- Two Rivers High School
- Oakhill Primary School
- Glascote Academy
- Lakeside CP School
- Amington Heath Primary
- Two Rivers School
- Ankermoor Primary Academy
- Landau Forte Amington
- Two Gates Primary
- Hanbury's Farm Primary
- Lift Tamworth (TEC)
- Landau Forte Academy 6th Form
- Ashcroft Infants School
- Florendine Primary School
- Dosthill Primary School
- Landau Forte Academy Greenacres
- Anker Valley Primary School
- The Woodlands Community Primary
- Birds Bush Primary
- Three Peaks Primary Academy
- Stoneydelph Primary
- The Wilnecote School
- Wilnecote Junior School
- Heathfields Infant Academy

LICHFIELD MHST

Schools we work with:

- Boney Hay Primary School
- Chadsmead Primary School
- Charnwood Primary School
- Chase Terrace Primary School
- Chase Terrace Academy
- Chasetown Community Primary School
- Erasmus Darwin Academy
- The Friary School
- Lift Rawlett
- Saxon Hill Academy
- Queen's Croft High School
- Rocklands School
- The Bridge Academy
- Willows Primary School
- Nether Stowe School
- St. Chad's C.E. Primary School
- St Peter and Paul Catholic Primary School
- Ridgeway Primary Academy

If you are a parent, and would like to learn ways to help support your child with anxiety and low mood, please access the QR codes below where you can view a pre recorded workshop

ANXIETY



LOW MOOD

