



# PSHE – KS2

## Learning Journey



Flowing throughout the academic year, our **RE curriculum** also supports our pupils to become compassionate citizens through exploration of faith, values and cultural diversity. Our lessons are a canvas for discussing moral dilemmas, ethical choices and the impact of faith on behaviour.



Pupils should leave Key Stage 2 equipped with the essential knowledge and skills to lead healthy, content lives and to transition smoothly into Key Stage 3. We aim for them to be able to utilize their Beacon (**resilience, respectful, resourceful, participation, reflective, responsible and collaborative**) and British Values to show self-respect, confidence and empathy in order to make informed decisions.

See RE Learning Journey

### Drug education

Assessing risk and managing influences  
Legal and illegal drugs, and the risks and effects of legal and illegal drug use.

### Changes in puberty

Managing the changes that occur during puberty, including increased independence and new sleep patterns.

### Respecting boundaries

Personal boundaries, different types of touch, and how to respectfully ask, give or not give permission.

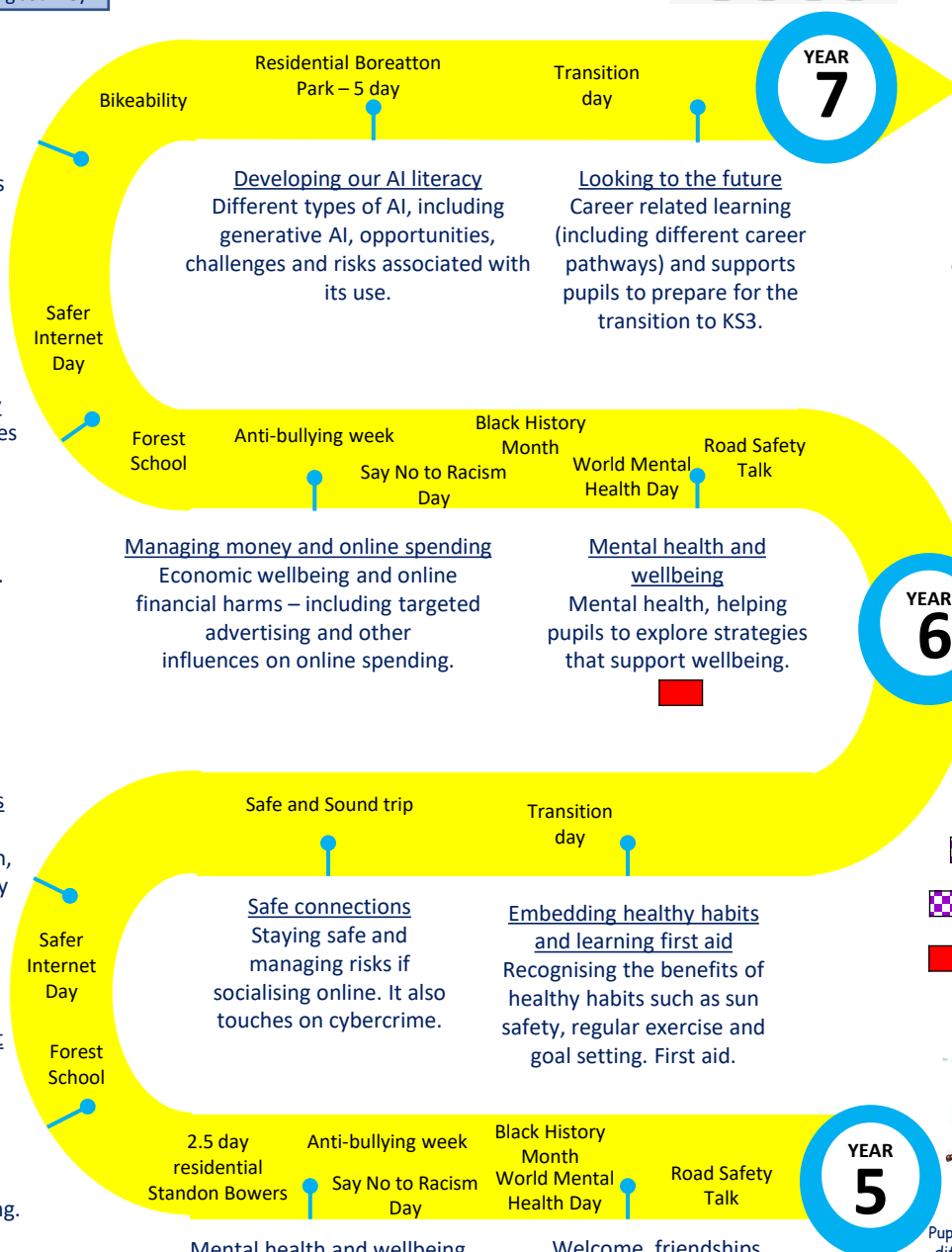
### Positive engagement with our world

Healthy ways of engaging with news stories, impact of climate change on emotions and wellbeing.

### Extra-curricular provision

For other areas of personal development

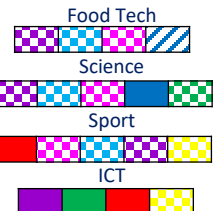
See Personal Development Learning Journey



### Cross-Curricular

Our PSHE curriculum is supported across all aspects of the school day including every subject, tutor and lunch times.

### Particular coverage:



Welcome



Pupils arrive at Walton from different backgrounds and experiences that have shaped their understanding. To ensure full coverage of the new statutory RSHE guidance across both the primary and secondary phases—and to support strong progression within PSHE education—we have chosen to follow the PSHE Association curriculum model.

|                                     |  |                             |  |                            |  |
|-------------------------------------|--|-----------------------------|--|----------------------------|--|
| Families and people who care for me |  | General wellbeing           |  | Drugs, alcohol and tobacco |  |
| Caring friendships                  |  | Wellbeing online            |  | Health and prevention      |  |
| Respectful relationships            |  | Physical health and fitness |  | Basic first aid            |  |
| Online safety and awareness         |  | Healthy eating              |  | Developing bodies          |  |
| Being safe                          |  | Citizenship                 |  | Personal safety            |  |